## SOLUTIONS FOR HEALTH CARE PROFESSIONALS

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# Virtual Care Delivery Simplified

Patient Care at the Intersection of Tech Touch and Human Touch



### Virtual Care Delivery, Defined

In healthcare, when we let technology do what it does best, humans can do what they do best. Virtual Care Delivery is the umbrella term for health and wellness care services enabled by digital technologies regardless of patient or care team location. You may be familiar with several acronyms commonly used within virtual care activities such as: **RPM, RTM, CCM** and **PCM**.

### The Technology

Carium's interoperable platform enables comprehensive, real-time virtual care across multiple clinical programs. By engaging with patients between appointments, care teams can reduce costly hospital readmissions and manage chronic conditions by monitoring, assessing, intervening and communicating — all from within patients' daily lives. Our pre-configured on-ramp package makes it easy to get started with your top priority use case or condition — then expand from there.



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### **Virtual Care Delivery In Action**

The traditional model of healthcare delivery is based on episodic, in-person visits to a medical facility. However, what happens between visits can have a profound impact on achieving health and wellness goals.

Therefore, the emerging model of healthcare delivery embraces a hybrid approach. Through virtual care delivery, care teams can have better data and communication to inform evidence-based, clinical decision-making.





Monitor critical diagnoses

Intervene when necessary



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#### Communicate at right time

### Care Team Experience

Care team burnout and attrition is a stark reality within today's healthcare. Our clients are solving for these challenges by utilizing virtual care delivery in innovative ways:

- Relieving care teams from manual data collection that is better handled by intelligent automation.
- Adopting new rotational staffing models between office frontline and virtual, preventative care.
- Augmenting care team capabilities with a dedicated virtual care team via our managed services solution.

#### CLINICAL PROGRAMS

**Remote Patient Monitoring Chronic Care Management Complex Chronic Care Management Principle Care Management Remote Therapeutic Monitoring Cardiac Rehab** Hospital-at-Home **Medication Adherence** Hypertension Management **Diabetes Management** Weight Management **Concierge Services** Peri-Procedural Care **COVID Screening Digital Front Door** Lifestyle Medicine **Employee Wellness** Personal Training **Health Coaching Behavioral Health Annual Wellness Visits** And more....